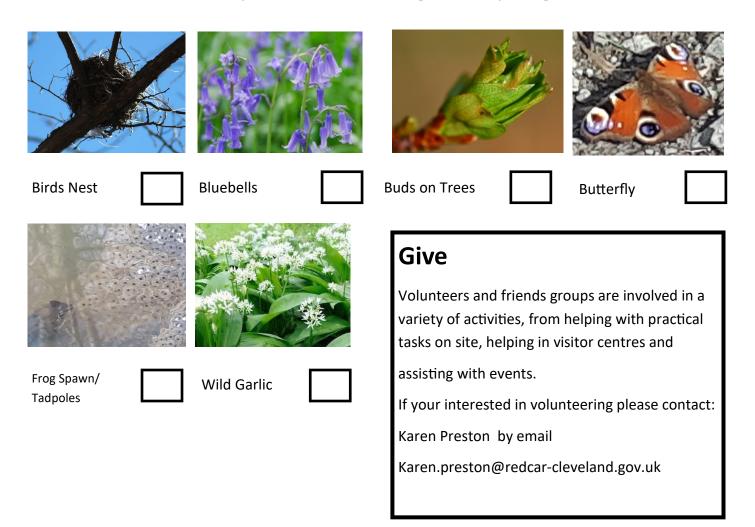
Nature Explorers

& CLA

Take Notice—Can you find these signs of spring?



Learn

There are lots of interpretation boards across our Countryside Sites—from information about history of each site, to information about wildlife identification.

Find one of the interpretation boards and list 3 things you have learnt.

- 1)
- 2)
- '
- 3)

Connect— Use your senses to connect with nature



See - How many colours can you match with natural things?



Feel - How would you describe them?









Leaf

Tree Trunk

Petal

Wind

Hear - Close your eyes for 1 minute. How many different sounds can you hear?

Smell - Find 3 different plants or trees to smell. How would you describe them?

Taste - Have a picnic.

5 ways to connect with nature:-

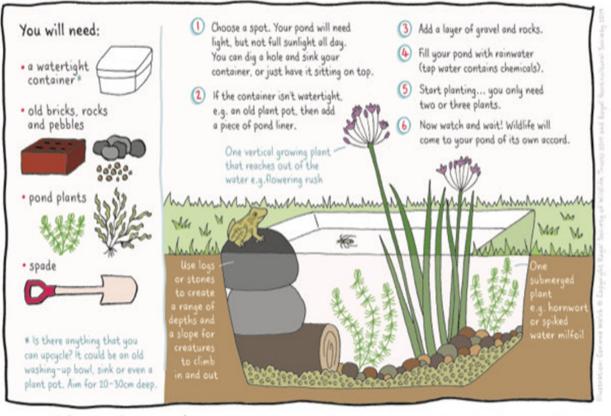
- 1. Plant butterfly and bee friendly plants in your garden.
- 2. Buy a houseplant.
- 3. Create a mini pond in your garden or patio (leaflet attached)
- 4. Watch a sunrise or sunset.
- 5. Snap some wildlife photos

There are many ways to be active across the borough whilst enjoying the countryside— walking <u>https://redcarcleveland.co.uk/enjoy/walking/</u> bike riding and orienteering.



How to build a mini wildlife pond





www.wildaboutgardens.org.uk

Don't introduce frogs, fish or even water from another pond as this can spread disease.

Instructions courtesy of The Wildlife Trusts.

