

## **Between the Tides Festival: Guide for Bringing Little Ones**

Between the Tides Festival is a free festival of adventure and exploration, imagination and messiness for children, young people and their families.

Festivals are brilliant – they're fun, and exciting, and you can make happy memories there that last a lifetime.

But... from running out of wet-wipes, to getting ice-cream EVERYWHERE, we know only too well how challenging it can be to take little ones on big days out.

So, we've put together a guide to try and make the whole festival experience as simple, straightforward and stress-free as possible.

### **FAQs**

What's the best way to get there? Car? Bus? Train?

#### **By Bus**

Buses run regularly to Redcar from all across the Borough.

Adult Journeys are capped at £2, and children under 11 travel free on the bus during school holidays!

The best place to get off the bus is by the clocktower, just off Redcar High Street.

#### **By Train:**

Trains run regularly to Redcar from between Darlington and Saltburn.

Redcar Train station is a 5 minute walk (10 minute toddle) from the High Street, and approximate 20 minutes from Majuba beach.

## **By Car**

There is ample parking space all across Redcar, which can enable you dive straight into the festival action.

### **Parking locations include;**

#### **Long Stay Pay & Display**

Redcar & Cleveland Leisure & Community Heart (under the leisure centre) TS10 1RT.

FREE at weekends.

Kirkleatham St TS10 1RT FREE at weekends.

Fisherman's Square TS10 3BH FREE at weekends.

Turner Street TS10 1AQ : Saturday: First hour free, £1.20 1 hour to £4.80 all day. Sunday FREE.

Coatham Bowl Car Park TS10n5BJ. First hour free then £1.20 1 hour to £4.80 all day.

#### **Dedicated Disabled Badge Holders Parking**

Literary Institute Car Park TS10 3EN

High Street, Newcomen Terrace, Esplanade, Queen Street

#### **What should we bring our little ones to see, or take part in?**

Everything that's on at the festival can be found here:

<https://redcarcleveland.co.uk/enjoy/between-the-tides-festival/>

## **Naptime is very important... How long does the day last?**

The approximate run time of every piece of activity at the festival can be found in the programme, here:

[https://issuu.com/betweenthefestival/docs/btt\\_programme\\_artwork\\_final\\_24](https://issuu.com/betweenthefestival/docs/btt_programme_artwork_final_24)

There is quiet space at the Library where you can take some time out

## **There's loads we want to see, can we fit it all in?**

We all know that children and young people move at their own speed. To help you figure out how you'll get between festival sites, we've estimated how long it will take to "toddle" between them;

Majuba - High Street; Approx 20 mins

Majuba - Library; Approx 15 mins

High Street - Library: Approx 10 mins

Please bear in mind that this is just an estimate.

There is lots of things happening all over the festival – so you might discover something brilliant on the way to your next destination...

However, there is lots on... You may want come along to the festival for both days to ensure you can experience the full programme on offer.

## **Our toddler needs to go to the bathroom, NOW, where are they?**

There are lots of public bathrooms, with changing facilities, across the festival. Public Toilets can be located at;

- Moore St (near RNLI Lifeboat Museum)
- Beach Base, Majuba Beach
- TunedIn! (including a Changing Places toilet)
- Redcar Beacon

## **Our little ones are a little bit picky about food - what is available?**

All of the brilliant food traders that are part of the festival will have offers for families and children.

Pick up a programme for a full list of all festival food traders.

Of course, you can bring along any food or drinks from outside the festival, and have a beautiful picnic on the beach.

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We have spread festival events across the town, to try and ensure we do not have too large crowds at any one point. Shows take place multiple times a day, and lots of things are happening at the same time, so you can find the experience that suits you and your family the best.

There are lots of friendly, Between the Tides Staff and Volunteers all across the festival, who can be identified by their high vis jackets and t shirts.

Finally, here are some general bits of advice, for any adult bringing children and young people to a festival

**Check the festival schedule:** Find out what events or activities are suitable for your child's age group and interests. This will help you plan the day and avoid disappointment.

**Bring supplies:** Pack a bag with things like like sunscreen, snacks, water, extra clothes, and nappies (if applicable). You may also want to bring a buggy, or baby carrier for younger children.

**Keep an eye on your child.** It's important to keep a close eye on your child at all times. Consider using a wristband or other identification in case you get separated. Teach your child to look for staff or police officers if they need help.

**Follow safety rules:** Review any safety rules or guidelines with your child before going to the festival. Talk about staying with a parent or caregiver, not accepting food or drinks from strangers, and other safety tips.

**Have fun:** Festivals are a great way to make memories with your child. Take photos, try new foods, and enjoy the activities together!

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This parents guide has been developed in consultation with Redcar Cleveland Family HUBs. Thank you so much to all of the staff, parents, grandparents, guardians and little ones who contributed towards this guide.