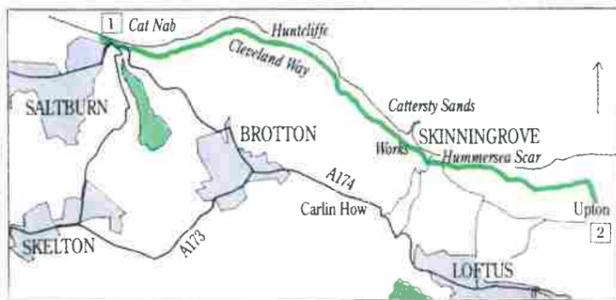


# Langbaurgh Loop... The Route

**1 CAT NAB, SALT BURN (GR 668216) to UPTON (GR 738192).**  
 Distance 5.3 miles. Time to walk 2 hours.  
 Climbs at Saltburn and Skinningrove.  
 Otherwise flat. Good sea views.

From Cat Nab the route follows the Cleveland Way path onto the cliff side, behind the Ship Inn and over Huntcliff. The path runs alongside the cliff edge, and a wonderful view over the Tees Bay and beyond may be had on a clear day; however, as this path is very close to the cliff edge great care should be taken especially on a windy day. The pathway runs down to the beach at Cattersty Sands. Follow the Cleveland Way through Skinningrove and up the stepped path on to the cliff top. Continue ahead, and after about 1.5 miles, on the highest part of the cliff, look carefully for a path which strikes off to the south to Upton. This path, which is indicated by a waymark alongside a dry stone wall, is followed through a gate and across fields (passing an information board for the Saxon Princess excavations) to the cottages of Upton.



**2 UPTON (GR 738192) TO ROBIN HOODS BUTTS (GR 713116)**  
 Distance 7.4 miles. Time to walk 3 hours.  
 Through fields, some minor roads, woods and moorland.

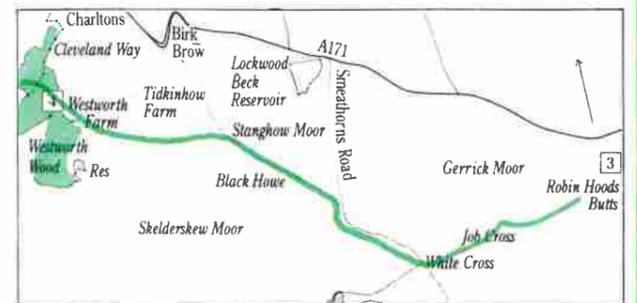
At Upton the route passes to the east of the buildings. Through a gate from the road, a farm track leads to a path which heads in a southerly direction to reach the A174 road east of Loftus. Turn briefly right for 180 yards and cross the main road with care. The route now passes off the road to the left between a church and a cemetery. Once over the railway bridge, turn left on to a track in front of metal gates, then continue ahead when the path narrows to follow Loy Lane. After about 1700 yards turn off to the right of the path, in a gap in the hedge (look carefully, easily missed). Follow the footpath skirting three fields and join the track from Highfields Farm, eventually meeting a minor road called South Town Lane. Turn left and follow South Town Lane and take the bridleway on the right, branching off to the south through a plantation called the Warren and on to Handale Farm. After passing between farm buildings and a row of cottages go through a field gate on the left of the track and follow the right of way through a small gate down to the stream. After crossing the stream, continue uphill on a good path to reach a gate. Afterwards carefully follow waymarks through fields to the left side of Handale Bank Farm, to join its access road, turn left, and immediately after a fenced gallop left again. Midway down the side of the gallop turn right and follow the field edge to reach a track leading right on to the road south of Liverton. Cross the road and follow the access lane towards Red House. Turn left at the first waymarked footpath and continue through fields (ignoring all turns to left and right) and a small plantation, straight across Freeholders' Close Lane to pass to the right of Lane Head Farm and on to open moorland. A path is taken to the right to cross a stream and pass immediately to the left of Stubdale farm buildings, joining the farm track and following it south to the road. Cross the busy A171 with great care and follow the moorland track directly opposite to reach a bend in the moor road at Robin Hoods Butts.



**3 ROBIN HOODS BUTTS (GR 713116) TO GUISBOROUGH WOOD (GR 634143)**  
 Distance 5.9 miles. Time to walk 2.5 hours. Flat open moorland, woods.

From Robin Hoods Butts the route is to the right on a rough track heading west across Gerrick Moor to meet a moor road at White Cross. Follow the road to the right for about 0.75 miles. At the right hand bend, cross the road and take the second of two moorland paths. This is a well-defined path and leads on to the old, paved Quakers Trod. About a mile from the road, care must be taken to find the right of way (waymarked) which branches off the Quakers Trod to the left. This right of way is marked by a series of posts across the moor to the west, eventually leading northwards past woodland and down to Westworth Wood; marked as woodland on the O.S. map.

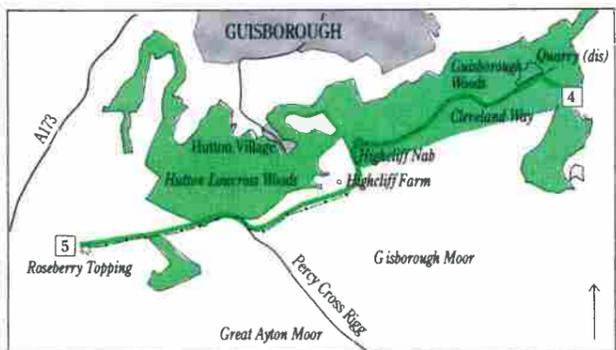
On entering what the area known as Westworth Wood, after crossing a small stream, follow the waymarked route uphill through the forestry land, continuing until meeting a clear track on the ridge running east and west. This is the Cleveland Way and the point at which the East and West Langbaurgh Loops meet. To return to Saltburn and complete the East Loop turn right and follow the Cleveland Way. Otherwise turn left on to the Cleveland Way to continue with the West Loop and complete the full circuit.



**4 GUISBOROUGH WOOD (GR 634143) TO ROSEBERRY TOPPING (GR 579126)**  
 Distance 3.9 miles. Time to walk 2.5 hours.  
 Woodland paths, open moors, some undulation, long climb at finish.

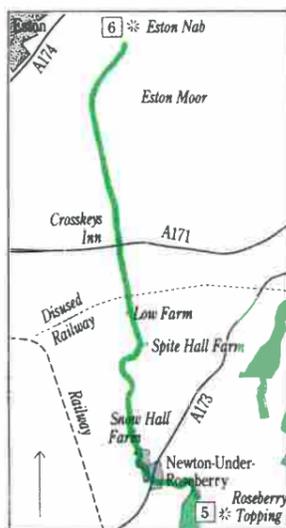
Having turned left, follow the Cleveland Way for 1.5 miles to reach Highcliff Nab. This is a wonderful point for taking a break and admiring the views over Guisborough and the surrounding countryside.

From Highcliff Nab the route follows a path to the west, dropping down to a forestry track. Turning left on to the track, almost immediately take a path off to the right and follow it down to a gate at the end of a stone wall. Once through the gate keep to the Cleveland Way along the boundary wall of Codhill Farm (also known as Highcliff Farm, as on O.S.maps), and then across the moor. Eventually a saddle ridge is reached, which leads on and upwards to the summit of Roseberry Topping.

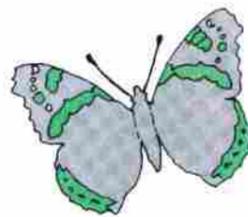


**5 ROSEBERRY TOPPING (GR 579126) TO ESTON NAB (GR 568183)**  
 Distance 4.3 miles. Time to walk 2 hours.  
 Downhill start, fields, open moorland with long gradual climb.

From the peak of Roseberry Topping can be seen the monument on top of Eston Nab, bearing almost north; this is the next high point of the route. Leaving the peak, take the main path down to the west (steep in places) and turn right at the road into the village of Newton-under-Roseberry. Cross the A173 road with care. The route is across the village green, past the church and along a lane to Snow Hall Farm. Turning right within the farm yard follow the waymarked path to the north via gates and access points (some part hidden), passing



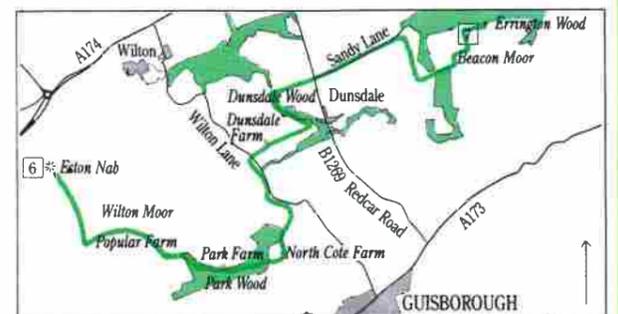
Spite Hall Farm and Low Farm to emerge on to the dual carriageway of the A171. Cross this very busy road with great care. To the right of the main building of the Cross Keys Inn is a footpath heading north up on to Eston Moor. Ignoring several turnings to both right and left, follow this path until the escarpment of Eston Moor is reached. Turn right and follow the escarpment to Eston Nab monument.



**6 ESTON NAB (GR 568183) TO BEACON MOOR (GR 627202)**  
 Distance 7.2 miles. Time to walk 3 hours.  
 Moorland, woods, some minor roads.

From Eston Nab follow the track away from the escarpment heading south east by a boundary fence. This track veers, joining another track, until some ruins and old mine workings are passed. Where the track bends right towards the south west the route strikes off left, eastwards along a path between two fields. Turn right on to a track which leads to Poplar Farm. Follow the metalled access road through woodland until a track branches off sharply to the left through a gate and leads to the buildings of Park Farm. Past the farm buildings and a communications mast on the right, skirt the field and take the waymarked entrance on the right into Park Wood. Care must be taken in Park Wood itself, as there are several paths not shown on O.S. maps, and the wrong one can easily be taken. The waymarked route follows a path through the wood, which is almost due east, first along the contours of the hillside and then dropping down to a gate and into the field beyond, above and to the west of North Cote Farm. Cross the field to reach the gate near the farm buildings. Skirt the farm buildings to your left, cross the access track and follow the waymarked path along field edges to reach Wilton Lane after steps. Turn left on to Wilton Lane for 0.75 miles, until a footpath sign is reached on the right leading to Dunsdale Farm. Pass to the right of the farm buildings and continue alongside a field until reaching an entrance on the left into the wood (take care, not obvious). Within the wood is a path running from left to right; the route follows it to the left over a series of footbridges. On reaching a crossroads, turn right on a broad track which leads to the B1269 road. Directly across the road is Sandy Lane, a metalled road leading to New Marske; the suggested route follows the permissive bridleway parallel to the left of this road for 0.75 miles. Where

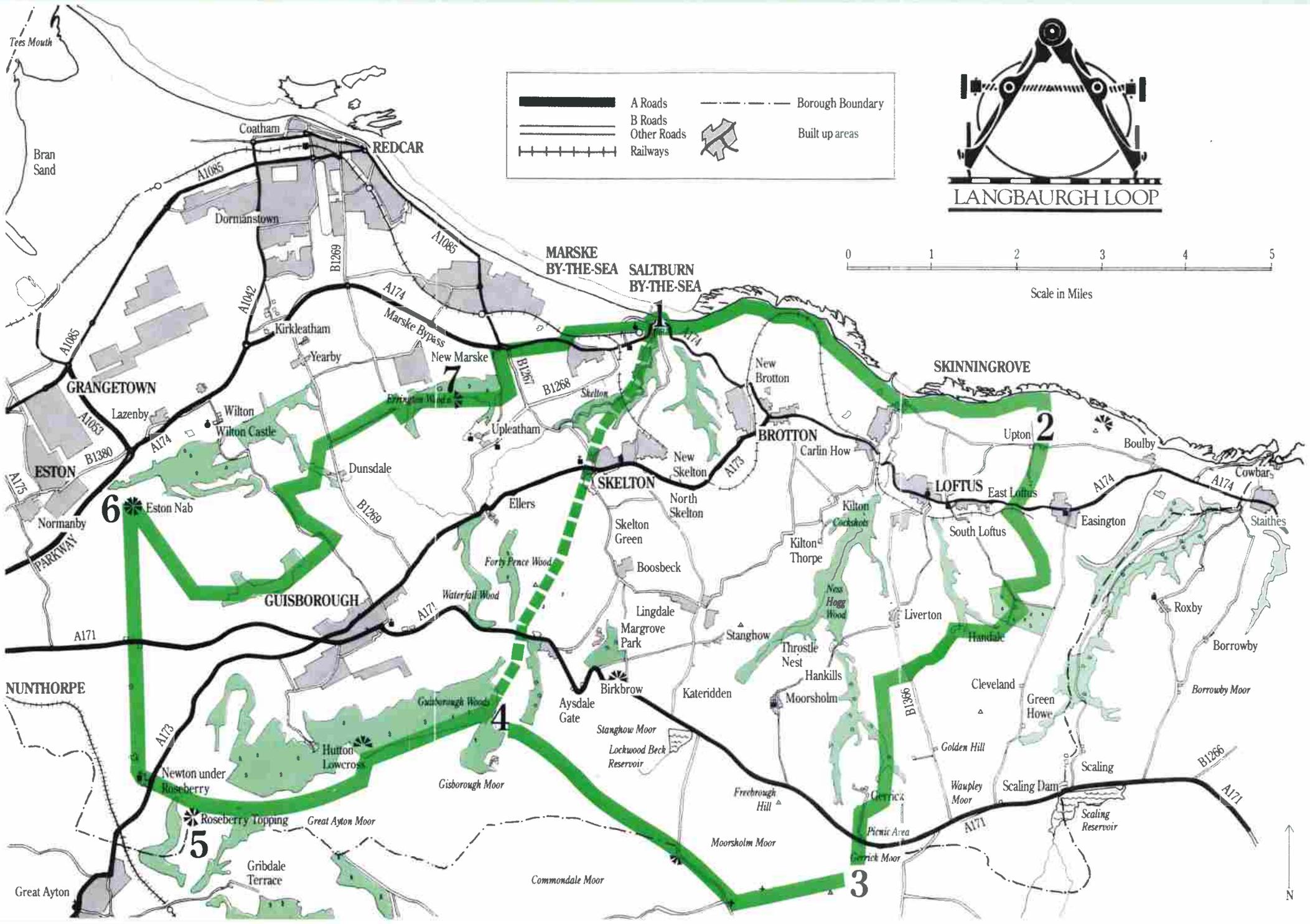
the road turns left, cross carefully and take the track ahead leading into Errington Wood. Where another track crosses the path, turn right. After nearly half a mile pass through a gate and follow the waymarked route up a bank to reach a farm track. Turn left and follow the track which turns east towards a lone group of trees. Before reaching the trees turn left along the waymarked path which leads alongside a field to the edge of Beacon Moor above Errington Woods. The views from this point are excellent, and off to the right can be seen Saltburn and the end of the walk.



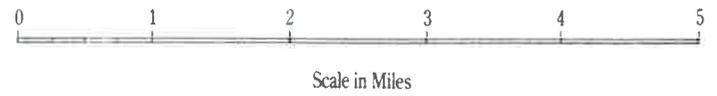
**7 BEACON MOOR (GR 627202) TO CAT NAB, SALT BURN (GR 668216)**  
 Distance 3.8 miles. Time to walk 2 hours.  
 Fields, woods, some road.

The recommended route now follows the permissive path on the edge of the field running east along the escarpment above the woods. Enter the wood at the clear gap (probably not waymarked) on the left just before the path bends to the right at the end of the escarpment. Descend sharply on a narrow path leading to the main bridleway. Turn left here and head north out of the woods towards Quarry Lane Roundabout. Carefully cross the A174 keeping to the left of the roundabout, then cross the A1085 equally carefully and turn right following the pavement towards Saltburn. After half a mile turn left on a waymarked bridleway (Sally's Way) opposite the first houses. This track leads to a crossing over the main railway line, where instructions for crossing the railway should be followed. Once across, turn right on the cycle path and, after a few yards, veer left on to the path leading into Hazel Grove Woods. Keep to the left of the stream all the way down, eventually joining the King Charles III England Coast Path. Follow this along the Lower Promenade and on to Cat Nab, the finishing point of the walk.



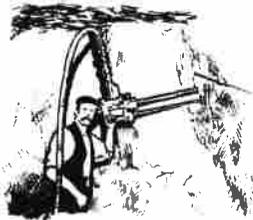


	A Roads		Borough Boundary
	B Roads		Built up areas
	Other Roads		
	Railways		



## A Walk Through History

The Langbaurgh Loop takes the walker through the very best of scenery and natural beauty of the area, with many reminders of its long history. From Saltburn the walk follows the magnificently high cliff Heritage Coast, past Skinningrove with its internationally renowned museum, an acknowledgement of early ironstone mining on which the area's prosperity once depended. Striking back inland, the route crosses fertile farmland on the edge of the North York Moors and on into the National park. Here man's early Bronze Age colonisation is evident in ancient burial mounds and standing stones. Wild Gisborough Moor gives way to the forests around Guisborough, Ancient Capital of Cleveland, with its magnificent 12th Century Priory ruins. From here Roseberry Topping is climbed, just as the young Captain James Cook did before sailing off from Whitby into the history books as the world's most famous explorer.



Sadly, the 'Mighty Hercules' of industrial expansion has now virtually disappeared, as has the once major chemical industrial site in Europe, leaving land that is now coming to terms with 21st Century redevelopment. Further evidence of ironstone mining is to be found in Errington Woods as the walk turns to the North Sea at Saltburn.

Once a quiet isolated smuggling village, Victorian railway entrepreneurs developed a classic spa resort high on the cliff above. Today's visitor will find that Saltburn has changed little in essence since those heady days of the mid nineteenth century, and the atmosphere and charm of that era still prevail.



## Langbaurgh Loop

The Langbaurgh Loop is an open challenge long distance walk of some 38 miles, conceived in 1986 by Philip Thomson and Captain Mike Sellars to encourage access to the many outstanding features of this diverse area of coast and countryside, and acquiring its name from the old Wapentake. The Loop has a circular route, encompassing spectacular scenery, including sandy coastal paths, the highest cliff edges in the country, rich agricultural land, high rugged moors thick with heather, dense pine forests and ancient woods. It covers an area rich in historical interest, from bronze and iron age burial mounds, sites of Roman lookout posts, Viking founded villages, Norman strongholds and down through the ages of industrial Teesside to the 'new town' of Saltburn.

The Loop is designed for walkers of varying abilities, but all should be relatively fit and adept at map reading as parts of the route cover some little used footpaths. O.S. maps OL26 and 27 are appropriate.

Special features of the Loop include walking in either direction as it is circular; as it is bisected by part of the Cleveland Way from Guisborough Wood to Saltburn, forming two halves of some 24 miles, known as East and West Loops, these can be completed as circular walks in their own right; and as it is designed in stages these can be completed as individual sections, combining to complete the whole.

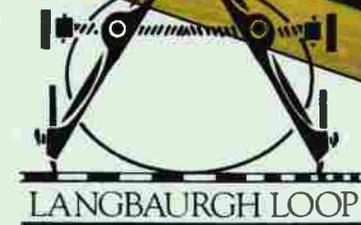
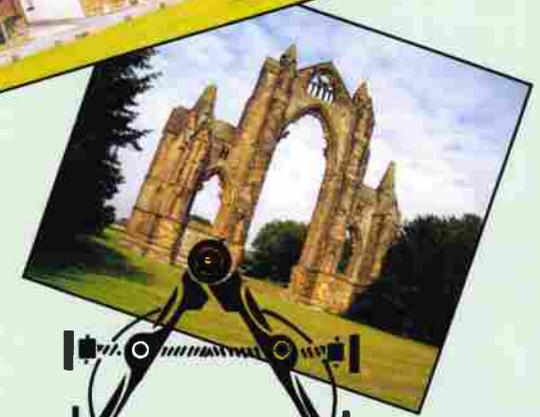
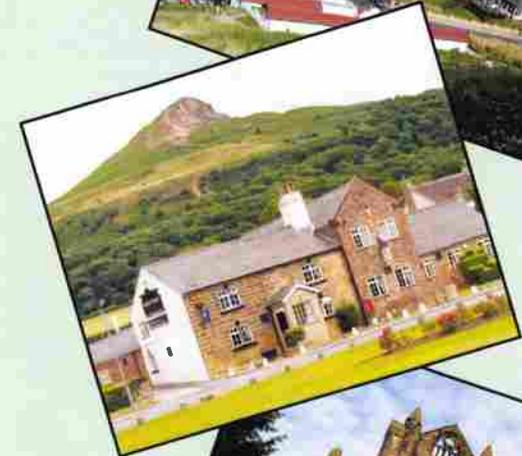
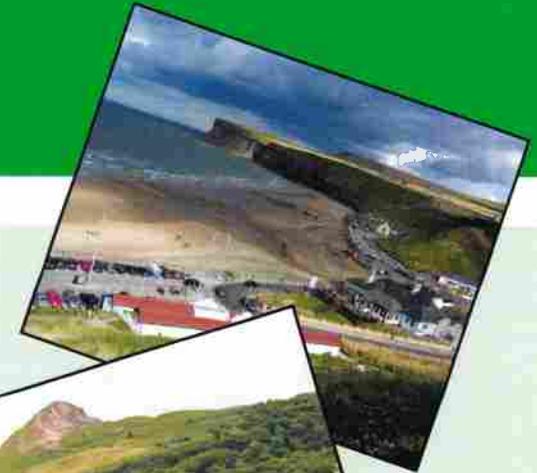
Thanks are recorded to members of the R.O.W. team at Redcar & Cleveland Council for maintaining the route and assisting with waymarking. Also, to Geoffery Watkins who spent many hours over recent years assisting in updating the route, and planning minor variations shown in this latest edition.

Over the decades since first completion on 16th May 1987, thousands of walkers from all over Britain and overseas have enjoyed the Loop, gaining certificates and Loop badges on completion, either in their own time or in charitable organised walks. The original pathfinders on the memorable initiation day included Martin Snowdon, Neil Shevlin, Ged Drury, Raymond Jackson and Frank Jordan.



This brochure is only the third print in 38 years and sadly notes the passing during recent times of Mike Sellars, Raymond Jackson and Geoff Watkins. All are long remembered for their support and encouragement in design, maintenance, promotion and participation. Their footprints live on.

Communications with Langbaurgh Loop can be made through Langbaurgh Loop C/O Saltburn Library, Windsor Road, Saltburn by the Sea TS12 1AT.



A Footpath Through 38 miles of  
Heritage Coast & Countryside